

SUMMER HOLIDAYS

ARBORFIELD SPORTS CAMP

Week 1 | 27TH - 30TH July

Week One	MON 27TH	TUE 28TH	WED 29TH	THUR 30TH
08.30 - 09.15 (Drop Off) Pre-Arrival Activity				
09.15 - 09.30 Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Netball	Soft Archery	Football	Dodgeball
10.30am - 11.00am Snack & Free Play				
11.00 - 12.00 Session 2	Football	Cricket	Handball	Football
12.00 - 12.30 Lunch				
12.30 - 12.50 Free Play				
12.50 - 12.15 Coaches Challenge				
1.15 - 2.00 Session 3	Tag Rugby	Benchball	Netball	Soft Archery
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Dodgeball	Football	Benchball	Mini Olympics
2.50 - 3.00 Presentation & Pick up				

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ARBORFIELD SPORTS CAMP

Week 2 | 3RD - 6TH AUGUST

Week Two	MON 3RD	TUE 4TH	WED 5TH	THUR 6TH
08.30 - 09.15 (Drop Off) Pre-Arrival Activity				
09.15 - 09.30 Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Soft Archery	Handball	Football	Tag Rugby
10.30am - 11.00am Snack & Free Play				
11.00 - 12.00 Session 2	Football	Netball	Soft Archery	Football
12.00 - 12.30 Lunch				
12.30 - 12.50 Free Play				
12.50 - 12.15 Coaches Challenge				
1.15 - 2.00 Session 3	Tag Rugby	Football	Dodgeball	Netball
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Mini Olympics	Benchball	Tag Rugby	Dodgeball
2.50 - 3.00 Presentation & Pick up				

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ARBORFIELD SPORTS CAMP

Week 3 | 10TH - 13TH AUGUST

Week Three	MON 10TH	TUE 11TH	WED 12TH	THUR 13TH
08.30 - 09.15 (Drop Off) Pre-Arrival Activity				
09.15 - 09.30 Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Tag Rugby	Handball	Football	Tag Rugby
10.30am - 11.00am Snack & Free Play				
11.00 - 12.00 Session 2	Football	Netball	Soft Archery	Football
12.00 - 12.30 Lunch				
12.30 - 12.50 Free Play				
12.50 - 12.15 Coaches Challenge				
1.15 - 2.00 Session 3	Soft Archery	Football	Dodgeball	Netball
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Mini Olympics	Benchball	Tag Rugby	Dodgeball
2.50 - 3.00 Presentation & Pick up				

SUMMER HOLIDAYS

ARBORFIELD SPORTS CAMP

Week 4 | 17TH - 20TH AUGUST

Week Four	MON 17TH	TUE 18TH	WED 19TH	THUR 20TH
08.30 - 09.15 (Drop Off) Pre-Arrival Activity				
09.15 - 09.30 Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Handball	Soft Archery	Football	Tag Rugby
10.30am - 11.00am Snack & Free Play				
11.00 - 12.00 Session 2	Netball	Tag Rugby	Dodgeball	Football
12.00 - 12.30 Lunch				
12.30 - 12.50 Free Play				
12.50 - 12.15 Coaches Challenge				
1.15 - 2.00 Session 3	Football	Football	Netball	Soft Archery
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Benchball	Dodgeball	Tag Rugby	Mini Olympics
2.50 - 3.00 Presentation & Pick up				

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ARBORFIELD SPORTS CAMP

Week 5 | 24TH - 27TH AUGUST

Week Five	MON 24TH	TUE 25TH	WED 26TH	THUR 27TH
08.30 - 09.15 (Drop Off) Pre-Arrival Activity				
09.15 - 09.30 Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Football	Netball	Football	Handball
10.30am - 11.00am Snack & Free Play				
11.00 - 12.00 Session 2	Soft Archery	Tag Rugby	Mini Olympics	Football
12.00 - 12.30 Lunch				
12.30 - 12.50 Free Play				
12.50 - 12.15 Coaches Challenge				
1.15 - 2.00 Session 3	Tag Rugby	Dodgeball	Soft Archery	Netball
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Dodgeball	Football	Tag Rugby	Benchball
2.50 - 3.00 Presentation & Pick up				

SUMMER HOLIDAYS

ARBORFIELD SPORTS CAMP

Week 6 | 31ST - 3RD AUGUST

Week Six	MON 24TH	TUE 25TH	WED 26TH	THUR 27TH
08.30 - 09.15 (Drop Off) Pre-Arrival Activity				
09.15 - 09.30 Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Football	Soft Archery	Netball	Soft Archery
10.30am - 11.00am Snack & Free Play				
11.00 - 12.00 Session 2	Netball	Tag Rugby	Benchball	Football
12.00 - 12.30 Lunch				
12.30 - 12.50 Free Play				
12.50 - 12.15 Coaches Challenge				
1.15 - 2.00 Session 3	Tag Rugby	Mini Olympics	Football	Tag Rugby
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Dodgeball	Football	Handball	Dodgeball
2.50 - 3.00 Presentation & Pick up				