

# SUMMER HOLIDAYS

## WHITLEY SPORTS CAMP

Week 1 | 28TH - 31ST July

Week One	TUE 28TH	WED 29TH	THUR 30TH	FRI 31ST
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity				
09.15 - 09.30   Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Mini Olympics	Netball	Handball	Football
10.30am - 11.00am   Snack & Free Play				
11.00 - 12.00 Session 2	Benchball	Soft Archery	Tag Rugby	Netball
12.00 - 12.30   Lunch				
12.30 - 12.50   Free Play				
12.50 - 12.15   Coaches Challenge				
1.15 - 2.00 Session 3	Football	Tri Golf	Cricket	Mini Olympics
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Cricket	Handball	Football	Handball
2.50 - 3.00 Presentation & Pick up				

# SUMMER HOLIDAYS

## WHITLEY SPORTS CAMP

Week 2 | 4TH - 7TH AUGUST

Week Two	TUE 4TH	WED 5TH	THUR 6TH	FRI 7TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity				
09.15 - 09.30   Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Tag Rugby	Netball	Dodgeball	Football
10.30am - 11.00am   Snack & Free Play				
11.00 - 12.00 Session 2	Football	Soft Archery	Handball	Netball
12.00 - 12.30   Lunch				
12.30 - 12.50   Free Play				
12.50 - 12.15   Coaches Challenge				
1.15 - 2.00 Session 3	Cricket	Handball	Tag Rugby	Mini Olympics
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Mini Olympics	Tri-Golf	Football	Tri-Golf
2.50 - 3.00 Presentation & Pick up				

# SUMMER HOLIDAYS

## WHITLEY SPORTS CAMP

Week 3 | 11TH - 14TH AUGUST

Week Three	TUE 11TH	WED 12TH	THUR 13TH	FRI 14TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity				
09.15 - 09.30   Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Football	Benchball	Mini Olympics	Cricket
10.30am - 11.00am   Snack & Free Play				
11.00 - 12.00 Session 2	Netball	Cricket	Football	Dodgeball
12.00 - 12.30   Lunch				
12.30 - 12.50   Free Play				
12.50 - 12.15   Coaches Challenge				
1.15 - 2.00 Session 3	Dodgeball	Mini Olympics	Handball	Benchball
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Tag Rugby	Netball	Tri-Golf	Football
2.50 - 3.00 Presentation & Pick up				

# SUMMER HOLIDAYS

## WHITLEY SPORTS CAMP

Week 4 | 18TH - 21ST AUGUST

Week Four	TUE 18TH	WED 19TH	THUR 20TH	FRI 21ST
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity				
09.15 - 09.30   Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Tag Rugby	Football	Cricket	Dodgeball
10.30am - 11.00am   Snack & Free Play				
11.00 - 12.00 Session 2	Netball	Handball	Mini Olympics	Benchball
12.00 - 12.30   Lunch				
12.30 - 12.50   Free Play				
12.50 - 12.15   Coaches Challenge				
1.15 - 2.00 Session 3	Football	Mini Olympics	Handball	Mini Olympics
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Benchball	Netball	Tag-Rugby	Football
2.50 - 3.00 Presentation & Pick up				