

# HungryMoose - Summer Menu Week 1

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
BREAKFAST	A selection of cereals or porridge, fresh fruit, wholemeal toast & spread D G	A selection of cereals or porridge, fresh fruit, wholemeal toast & spread D G	A selection of cereals or porridge, fresh fruit, wholemeal toast & spread D G	A selection of cereals or porridge, fresh fruit, wholemeal toast & spread D G	A selection of cereals or porridge, fresh fruit, wholemeal toast & spread D G
MAIN MENU LUNCH	Pasta Bolognese with Herby Bread Served with Seasonal Vegetables	Thai Green Chicken Curry with Boiled Rice and Cachumber	Chicken Fajitas with Potato Wedges & Mexican Slaw	Slow Roasted Cuban Pork with New Potatoes & Green Salad	Beef Ramen with Peas and Carrots
VEGETARIAN LUNCH MENU	Vegetable Bolognese with Herby Bread Served with Seasonal Vegetables	Thai Green Quorn Curry with Boiled Rice and Cachumber	Five Bean Fajitas with wedges & Mexican Slaw	Slow Roasted Quorn with New Potatoes & Green Salad	Quorn Ramen with Peas and Carrots
DESSERT	Fruit Jelly	Banana Bread	Hungry Moose Dessert of the Week	Mixed Fruit Flapjack	Eton mess
TEA MENU	Ham & Cheese Wrap with Salad	Jacket Potatoes with Cheese and Beans	Pepperoni Pizza with Crudites	Macaroni Cheese	BBQ Posh Dog in a Roll with Carrot Sticks
VEGETARIAN TEA MENU	Cheese & Onion Wrap with Salad	Jacket Potato with Cheese and Beans	Roasted Vegetable Pizza with Crudites	Macaroni Cheese	Piulled Jackfruit in a roll with Carrot Sticks

## Allergen Key

<b>C</b> Contains celery	<b>SD</b> Contains Sulphur Dioxide	<b>D</b> Contains Dairy (Milk)	<b>M</b> Contains Mustard
<b>E</b> Contains Egg	<b>SS</b> Contains Sesame Seeds	<b>F</b> Contains Fish	<b>L</b> Contains Lupin
<b>G</b> Contains Cereals containing Gluten	<b>N</b> Contains Nuts	<b>S</b> Contains Soya	<b>C</b> Contains Crustaceans
<b>P</b> Contains Peanuts			