

# EASTER HOLIDAYS

## TILEHURST SPORTS CAMP

Week 1 | 30th March - 3rd April

Week One	MON 30TH	TUE 31ST	WED 1ST	THUR 2ND
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity				
09.15 - 09.30   Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Netball	Benchball	Tag Rugby	Football
10.30am - 11.00am   Snack & Free Play				
11.00 - 12.00 Session 2	Football	Football	Handball	Benchball
12.00 - 12.30   Lunch				
12.30 - 12.50   Free Play				
12.50 - 12.15   Coaches Challenge				
1.15 - 2.00 Session 3	Dodgeball	Mini Olympics	Football	Dodgeball
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Tag Rugby	Cricket	Netball	Mini Olympics
2.50 - 3.00 Presentation & Pick up				

# EASTER HOLIDAYS

## TILEHURST SPORTS CAMP

Week 2 | 30th March - 3rd April

Week Two	TUE 7TH	WED 8TH	THUR 9TH	FRI 10TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity				
09.15 - 09.30   Meet The Coaches & Welcome				
09.30 - 10.30 Session 1	Netball	Benchball	Tag Rugby	Football
10.30am - 11.00am   Snack & Free Play				
11.00 - 12.00 Session 2	Football	Football	Handball	Benchball
12.00 - 12.30   Lunch				
12.30 - 12.50   Free Play				
12.50 - 12.15   Coaches Challenge				
1.15 - 2.00 Session 3	Dodgeball	Mini Olympics	Football	Dodgeball
1.55 - 2.05 Optional Break If Needed				
2.00 - 2.50 Session 4	Tag Rugby	Cricket	Netball	Mini Olympics
2.50 - 3.00 Presentation & Pick up				