

# SUMMER HOLIDAYS

## SLOUGH SPORTS CAMP

Week 1 | 28TH - 30TH July

Week One	TUE 28TH	WED 29TH	THUR 30TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity			
09.15 - 09.30   Meet The Coaches & Welcome			
09.30 - 10.30 Session 1	Dodgeball	Football	Benchball
10.30am - 11.00am   Snack & Free Play			
11.00 - 12.00 Session 2	Soft Archery	Cricket	Football
12.00 - 12.30   Lunch			
12.30 - 12.50   Free Play			
12.50 - 12.15   Coaches Challenge			
1.15 - 2.00 Session 3	Tag Rugby	Mini Olympics	Tag Rugby
1.55 - 2.05 Optional Break If Needed			
2.00 - 2.50 Session 4	Handball	Netball	Soft Archery
2.50 - 3.00 Presentation & Pick up			

# SUMMER HOLIDAYS

## SLOUGH SPORTS CAMP

Week 2 | 4TH - 6TH July

Week Two	TUE 4TH	WED 5TH	THUR 6TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity			
09.15 - 09.30   Meet The Coaches & Welcome			
09.30 - 10.30 Session 1	Football	Dodgeball	Netball
10.30am - 11.00am   Snack & Free Play			
11.00 - 12.00 Session 2	Netball	Football	Mini Olympics
12.00 - 12.30   Lunch			
12.30 - 12.50   Free Play			
12.50 - 12.15   Coaches Challenge			
1.15 - 2.00 Session 3	Tag Rugby	Handball	Cricket
1.55 - 2.05 Optional Break If Needed			
2.00 - 2.50 Session 4	Benchball	Soft Archery	Football
2.50 - 3.00 Presentation & Pick up			

# SUMMER HOLIDAYS

## SLOUGH SPORTS CAMP

Week 3 | 11TH - 13TH July

Week Three	TUE 11TH	WED 12TH	THUR 13TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity			
09.15 - 09.30   Meet The Coaches & Welcome			
09.30 - 10.30 Session 1	Football	Cricket	Benchball
10.30am - 11.00am   Snack & Free Play			
11.00 - 12.00 Session 2	Benchball	Mini Olympics	Tag Rugby
12.00 - 12.30   Lunch			
12.30 - 12.50   Free Play			
12.50 - 12.15   Coaches Challenge			
1.15 - 2.00 Session 3	Tag Rugby	Netball	Football
1.55 - 2.05 Optional Break If Needed			
2.00 - 2.50 Session 4	Soft Archery	Football	Soft Archery
2.50 - 3.00 Presentation & Pick up			

# SUMMER HOLIDAYS

## SLOUGH SPORTS CAMP

Week 4 | 18TH - 20TH July

Week Four	TUE 18TH	WED 19TH	THUR 20TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity			
09.15 - 09.30   Meet The Coaches & Welcome			
09.30 - 10.30 Session 1	Football	Benchball	Dodgeball
10.30am - 11.00am   Snack & Free Play			
11.00 - 12.00 Session 2	Cricket	Soft Archery	Soft Archery
12.00 - 12.30   Lunch			
12.30 - 12.50   Free Play			
12.50 - 12.15   Coaches Challenge			
1.15 - 2.00 Session 3	Mini Olympics	Football	Handball
1.55 - 2.05 Optional Break If Needed			
2.00 - 2.50 Session 4	Netball	Tag Rugby	Cricket
2.50 - 3.00 Presentation & Pick up			

# SUMMER HOLIDAYS

## SLOUGH SPORTS CAMP

Week 5 | 25TH - 27TH July

Week Five	TUE 25TH	WED 26TH	THUR 27TH
08.30 - 09.15 (Drop Off)   Pre-Arrival Activity			
09.15 - 09.30   Meet The Coaches & Welcome			
09.30 - 10.30 Session 1	Mini Olympics	Soft Archery	Football
10.30am - 11.00am   Snack & Free Play			
11.00 - 12.00 Session 2	Soft Archery	Dodgeball	Benchball
12.00 - 12.30   Lunch			
12.30 - 12.50   Free Play			
12.50 - 12.15   Coaches Challenge			
1.15 - 2.00 Session 3	Cricket	Handball	Tag Rugby
1.55 - 2.05 Optional Break If Needed			
2.00 - 2.50 Session 4	Benchball	Cricket	Netball
2.50 - 3.00 Presentation & Pick up			